

## MODULE DESCRIPTOR

### Module Title

Future Fit: Develop

Reference	CB2011	Version	2
Created	February 2024	SCQF Level	SCQF 8
Approved	January 2024	SCQF Points	15
Amended	April 2024	ECTS Points	7.5

### Aims of Module

This 'Future Fit' module represents career / portfolio development activities. It provides students the opportunity to contextualise learning and reflect on different specialisms within the course highlighting the benefits of the interdisciplinary curriculum. This module is focused the preparation of a development plan to help them prepare for skill expansion and life long learning in their field(s) of interest. Building across other subject learnings, students will create a roadmap for setting and reaching career milestones.

### Learning Outcomes for Module

On completion of this module, students are expected to be able to:

- 1 Articulate the skills and knowledge students are developing in a professional context
- 2 Display familiarity with how to apply skills assessment and profiling tools to identify strengths and development areas for personal development and to produce a Personal Development Plan.
- 3 Demonstrate understanding of SMART goals
- 4 Identify changes in sector, industry or broader social practices and plan development opportunities that could support these changes.

### Indicative Module Content

Topics covered included, but are not limited to, the following: Employment Descriptions Evaluation; Skills Assessment; Goal Setting; Identifying Learning / Training Opportunities; Personal Development Planning; Milestone / Metric Evaluation; Identifying and Planning for Change; Recognising and Describing Skill Gap. The module engages students with UNESCO's Education for Sustainable Development Anticipatory, Normative, and Self-awareness competencies in terms of understanding the values and evaluating the motives that underlie their actions, and determining the appropriate skills and development they will undertake to contribute to a more sustainable future.

### Module Delivery

The module is delivered via lectures, online exercises, workshops, industry speakers, case studies and lab tutorials.

**Indicative Student Workload**

	Full Time	Part Time
Contact Hours	20	N/A
Non-Contact Hours	130	N/A
Placement/Work-Based Learning Experience [Notional] Hours	N/A	N/A
TOTAL	150	N/A
<i>Actual Placement hours for professional, statutory or regulatory body</i>		

**ASSESSMENT PLAN**

If a major/minor model is used and box is ticked, % weightings below are indicative only.

**Component 1**

Type:	Coursework	Weighting:	100%	Outcomes Assessed:	1, 2, 3, 4
Description:	Individual portfolio assessment				

**MODULE PERFORMANCE DESCRIPTOR****Explanatory Text**

The calculation of the overall grade for this module is based on 100% weighting of C1. An overall minimum grade D is required to pass the module.

Module Grade	Minimum Requirements to achieve Module Grade:
<b>A</b>	The student needs to achieve an A in C1.
<b>B</b>	The student needs to achieve a B in C1.
<b>C</b>	The student needs to achieve a C in C1.
<b>D</b>	The student needs to achieve a D in C1.
<b>E</b>	The student needs to achieve an E in C1.
<b>F</b>	The student needs to achieve an F in C1.
<b>NS</b>	Non-submission of work by published deadline or non-attendance for examination

**Module Requirements**

Prerequisites for Module	None.
Corequisites for module	None.
Precluded Modules	None.

**INDICATIVE BIBLIOGRAPHY**

- 1 CONZEMIUS, A. and O'NEILL, J., 2009. The power of SMART goals: Using goals to improve student learning. Solution Tree Press.
- 2 COTRELL, S., 2021. Skills for Success: The Personal Development Planning Handbook. Fourth edition. London: Red Globe Press
- 3 GRIT, R., 2019. Managing your competencies: personal development plan. Routledge.